

Women Empowered: Rise, Lead and Transform

Women empowerment programme to challenge the status quo and lead transformation



ZAR 57 500 per person (VAT incl)



Women in leadership roles (leading teams) for 5-10 years



Hybrid (F2F and Virtual)

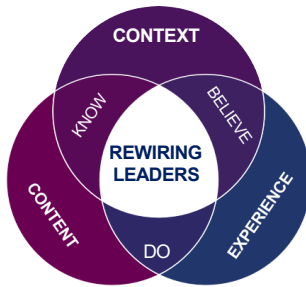
About the Programme: The Future of Leadership for Women. Now.

“ *When women raise their voices, change is irresistible. Together, we have the power to shape the future of our organizations.* ”
- Sharmila Chetty

This is the vision of Duke CE’s CEO, Sharmila Chetty, who is prioritizing learning as a lever to empower women across the globe.

The challenge for women is that it is sometimes easy to feel that our individual circumstances are insignificant. But that both undervalues the worth that every woman holds as an individual, and overlooks the strength that lies in a collective. **When our stories come together, as part of a greater whole, they come fully to life.** They have the power to **help unlock a change** that the world urgently needs: **creating more true diversity, genuine inclusivity, and real equity for women.**

Duke CE is driving this vision through learning interventions to support women to drive the future.



Empowering leadership for women requires content, context and experience to shift what we know, do and believe.

To enable leader-led change, participants will experience content through masterclasses with thought leaders, contextual learning through thought leadership sessions and coaching. Experiential immersive learning will act as a catalyst for mindset shift.

- March 24 **Launch**
- 11 Apr 24 **Full day deep dive:** Empowering women with neuroscience of leadership and self-mastery (F2F 8 hrs)
- 12 Apr 24 **Full day on-site experience:** Authentic female leadership lessons from the herd: equine experience (F2F 8 hrs)
(Followed by networking dinner to engage leaders)
- 16 May 24 **Masterclass 3:** Challenging the female narrative on diversity, equity and inclusion (Virtual 2 hrs)
- 13 Jun 24 **Masterclass 4:** Navigating leadership challenges for women through mindfulness and resilience (Virtual 2 hrs)
- 11 Jul 24 **Masterclass 5:** Panel discussion: Inclusive allyship in building a thriving feminine force (Virtual 2 hrs)
- 15 Aug 24 **Masterclass 6:** Building networks and your leadership brand as a woman (F2F 3 hrs)
(Followed by networking lunch to engage leaders)
- 12 Sept 24 **Masterclass 7:** Exploring female societal impact through the ESG lens (Virtual 2 hrs)
- 17 Oct 24 **Great Debate:** Engaging on advancing women and challenging the status quo (Virtual 2 hrs)
- 7 Nov 24 **Storytelling session:** Coaching on storytelling to share your leadership narrative (Virtual 2 hrs)
- 7 Nov 24 **Ted Style Talk Presentations and Graduation:** Ted Style Talks: My leadership story of courage
(Followed by networking dinner to engage leaders)
- 28 Nov 24 **X3 Group Coaching Sessions:** Applying learning to your spheres of influence (2-hour sessions)
*All dates to be confirmed. These are indicative

What you will learn on the programme:

The **Duke CE Women Empowered Programme** supports leaders as they transition roles to influence and challenge the status quo, creates a community of practice with like minded leaders to build a network and creates space to dialogue the key challenges and opportunities as Women to create our future.

Learning outcomes

- Examine my leadership narrative to understand self within the context of authentic leadership
- Explore the challenges and opportunities of Diversity, Equity and Inclusion and how to effectively navigate
- Develop skills for mindfulness and resilience for deeper awareness
- Expand awareness on societal impact and opportunities
- Engage and build networks to develop and enhance my leadership brand

9 Duke CE faculty and thought leaders	6 Virtual masterclass sessions	3 Networking events with leaders in industry	3 Group coaching sessions	1 Experiential learning day for equine immersion
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Engaging with Duke CE thought leaders



Daisy Lovelace
Associate Professor of the Practice at Duke University's Fuqua School of Business



Julia Makhubela
Diversity, equity and inclusion consultancy, specialising in inclusive employee experience design and leadership development



Timothy Maurice
Author of four bestselling books on human and brand behavior



Iman Rapetti
Award-winning journalist who has worked across print and radio, and is currently a senior news anchor

About Duke CE

Executive education is only as effective as the business need that it solves. At Duke CE, our primary differentiator is an immersive, locally relevant but globally inspired leadership experience engineered for impact.

*Our **thought leadership** defines us;
Our **content** distinguishes us; and
Our **commitment** to strategic innovation and holistic design thinking differentiates us.*

Ranked #1 Worldwide

The Financial Times has ranked Duke Corporate Education #1 worldwide in custom executive education in its 2023 Executive Education Ranking.

80 Countries Delivered	1,500+ Global educators	10,000+ Programmes completed	300,000+ Learners engaged
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